



Motherhood inspires Jodie's new career

SUSIE O'BRIEN

BECOMING a mother didn't just make writer Jodie Benveniste a better worker - it jumpstarted a whole new career for her.

After having Wirra, now 3, she started a communications firm, brave-newword, and wrote *Little Bundle*, a book offering comfort and inspi-

ration to new parents.

"I was so unprepared for the trauma that comes from moving from person to parent," Ms Benveniste said.

"There were so many books around offering practical advice, but nothing to help you with all the feelings of shock and exhaustion.

"So I wrote the book to

let everyone know what they're feeling is okay."

Ms Benveniste, 35, who lives in the Adelaide Hills, said having children had made her a more committed worker.

"Kids change your whole perspective on the world - you have a greater understanding of people and how they work," she said. "I'm also heaps

more efficient. I can focus a lot more quickly in a short space of time and I'm used to getting interrupted all the time."

Ms Benveniste works part-time while Wirra and Jet, 15 months, are in childcare and looked after by their grandmother.



CHANGED OUTLOOK: Jodie Benveniste and husband Wayne with son Jet and daughter Wirra yesterday.

Picture: MIKE BURTON